

11<sup>th</sup> NATIONAL ANNUAL CONVENTION ON PREVENTIVE CARDIOLOGY  
January 27-29, 2011  
Carlos P. Romulo Auditorium, RCBC Plaza  
Ayala Avenue, Makati City

PROGRAMME

**Day 1**  
**January 27, 2011**  
**Thursday**

**0730 - 0800 REGISTRATION**  
**VISIT THE EXHIBITS**

**0800 – 0830 The scientific program – an overview** **Adolfo Bellosillo, MD**

**SPECIAL COURSE IN TREADMILL EXERCISE TEST**

**SESSION 1 - Introduction**

**0830 – 0900 Historical Background, Indications and  
contraindications (absolute and relative)** **Adolfo Bellosillo, MD**

**0900 – 0930 Parameters to be measured; the exercise protocols** **Melisa Bernardo, MD**

**0930 – 1000 Indications for termination of exercise** **Rojohn Maliwat, MD**

**1000 – 1030 OPEN DISCUSSION**

**SESSION 2 – ECG patterns and their significance A**

**1030 – 1100 The normal exercise electrocardiogram; Physiologic  
Responses of the Ischemic Heart** **Edwin Wenceslao, MD**

**1100 – 1130 The abnormal exercise electrocardiogram I  
(S-T segment and T wave changes)** **Adolfo Bellosillo, MD**

**1130 – 1200 The abnormal exercise electrocardiogram II  
(bundle branch blocks, hemiblocks, A-V blocks)** **Melisa Bernardo, MD**

**1200 – 1300 OPEN DISCUSSION**  
**GASTRONOMIC REFILL**  
**CUTTING OF THE RIBBON AND OPENING OF EXHIBITS**

**1300 - 1530 OPENING CEREMONY**

**Invocation: The FLEHD Prayer (“A Prayer to Serve”)  
The Philippine National Anthem  
The FLEHD Hymn (“Save Them We All Must Go”)**

**Introduction of guests**

**Vincent Valencia, MD  
Secretary, FLEHD**

**Words of Welcome**

**Jose S. Concepcion  
Board Chairman, FLEHD**

**SOFA (State of the Foundation Address)**

**Adolfo Bellosillo, MD  
President, FLEHD**

**SPECIAL PERFORMANCE**

**“How To Remain At Heart: The Musical Drama”**

**Music by: Jeremiah Calisang**

**Lyrics and Libretto by: Adolfo Bellosillo, MD**

**Featuring:**

**Jai Sabas Aracam, mezzo soprano**

**Jeremiah Calisang, tenor**

**Ervin Lumauag, tenor**

**The U. P. Concert Chorus**

**The FLEHD Ballet Artists**

**Choreography by: Ronilo Jaynario**

**Direction by: Adolfo Bellosillo, MD**

**SESSION 3 – Abnormal exercise ECG B**

**1530 – 1600 Exercise induced arrhythmias**

**Adolfo Bellosillo, MD**

**1600 – 1630 Effects of metabolic abnormalities and  
drugs on exercise ECG**

**Rojohn Maliwat, MD**

**1630 – 1700 Predictive Implications of Exercise Stress Testing**

**Mariano Lopez, MD**

**1700 – 1730 OPEN DISCUSSION**

**Day 2**  
**January 28, 2011**  
**Friday**

**0730 – 0830 REGISTRATION**  
**VISIT THE EXHIBITS**

**SESSION IV – Revisiting the basics of Heart Failure A**

**0830 – 0900 Epidemiology and magnitude of the problem** **Alberto Atilano, MD**

**0900 – 0930 Molecular mechanisms and regulation of myocardial contraction** **Edwin Tucay, MD**

**0930 – 1000 Compensatory mechanisms in maintaining cardiac output** **Francisco Maleza, MD**

**1000 – 1030 OPEN DISCUSSION**

**SESSION V – Revisiting the basics of Heart Failure B**

**1030 – 1100 Determinants of cardiac function** **Cesar Recto II, MD**

**1100 – 1130 Musculoskeletal metabolism in heart failure** **Norbert Lingling Uy, MD**

**1130 – 1200 Factors triggering cardiac decompensation** **Edwin Wenceslao, MD**

**1200 – 1230 OPEN DISCUSSION**

**1230 – 1400 SPECIAL LECTURE**  
**GASTRONOMIC REFILL**  
**VISIT THE EXHIBITS**

**SESSION VI – Revisiting the basics of Heart Failure C**

**1400 – 1430 The influence of the rennin-angiotensin system** **Simonette Ganzaon, MD**

**1430 – 1500 Differentiating backward from forward heart failure; high-output from low-output heart failure** **Perfecto Palafox, MD**

**1500 – 1530 Differentiating diastolic from systolic heart failure; clinical significance and implications** **Adolfo Bellosillo, MD**

**1530 – 1600 OPEN DISCUSSION**

**SESSION VII – Diagnosis and differential diagnosis of Heart Failure**

- 1600 – 1630 Clinical presentations of a failing heart Zenaida Uy, MD**
- 1630 – 1700 Diagnostic tools in the evaluation of cardiac decompensation Eleanor Lopez, MD**
- 1700 – 1730 OPEN DISCUSSION  
VISIT THE EXHIBITS**

**Day 3  
January 29, 2011  
Saturday**

- 0730 – 0830 REGISTRATION  
VISIT THE EXHIBITS**

**SESSION VIII – Therapeutic approaches to Acute Heart Failure**

- 0830 – 0900 Therapeutic concepts Freman Cerezo, MD**
- 0900 – 0930 Management of patients with acute pulmonary edema Ken Villanueva, MD**
- 0930 – 1000 Management of left-sided failure in acute myocardial failure Joel Abanilla, MD**
- 1000 – 1030 OPEN DISCUSSION**

**SESSION IX - Therapeutic approaches to Chronic Heart Failure**

- 1030 - 1100 Therapy with cardiac glycosides Leandro Bongosia, MD**
- 1100 - 1130 The diuretics versus the nitrates Adolfo Bellosillo, MD**
- 1130 - 1200 The Calcium antagonists and the ACE inhibitors Vincent Valencia, MD**
- 1200 - 1230 OPEN DISCUSSION**
- 1230 – 1400 SPECIAL LECTURE  
GASTRONOMIC REFILL  
VISIT THE EXHIBIT**

**SESSION X – Therapeutic approaches to Chronic Heart Failure**

- 1400 – 1430 Antiarrhythmic therapy in heart failure Elson Sedilla, MD**
- 1430 – 1500 Anticoagulation in heart Failure Efren Vicaldo, MD**

**1500 – 1530 Cardiac rehabilitation**

**Enrique del Fuerte, MD**

**1530 – 1600 OPEN DISCUSSION**

**SESSION XI – Cardiogenic Shock**

**1600 – 1630 Clinical presentation and hemodynamics**

**Rey Kasilag, MD**

**1630 - 1700 Medical management**

**Adoracion Nambayan Abad, MD**

**1700 – 1730 Mechanical circulatory support**

**Noel Rosas, MD**

**1730 – 1800 OPEN DISCUSSION  
FARE THE WELL**