

FOUNDATION FOR LAY EDUCATION ON HEART DISEASES, INC.

14th National Annual Convention on Preventive Cardiology for Physicians

January 24-25, 2014

Auditorium, Tower 2, Makati Medical Center
Makati City


Day 1
January 24, 2014
Friday


0730 - 0800 REGISTRATION
VISIT THE EXHIBITS

0800 - 0830 Words of Welcome – Ramona Ozaeta, MD
Introduction to the Course – Adolfo Bellosillo, MD

SESSION I


0830 - 0900 Getting to know them  Leandro Bongosia, MD
(The demographics of Aging)


0900 - 0930 Cardiovascular mortality and morbidity are not inevitable in advancing age  Mariano Lopez, MD
(Assessing the Elderly for cardiovascular risk factors)

0930 - 1000 The wrinkles in your face and in your heart  Adolfo Bellosillo, MD
(The Aging process and its cardiovascular consequences)

1000 - 1030 STRESS DOWNLOAD
VISIT THE EXHIBITS

SESSION II

1030 - 1100 Killing me softly  Zenaida Uy, MD
(Coronary artery disease and the elderly)



1100 - 1130 To eat or not to eat, to treat or not to treat  Vincent Valencia, MD
(Dyslipidaemia in the geriatric population)

1130 - 1200 Replace that hormone lost?  Ma. Simonette Ganzon, MD
(Cardio protection for the menopausal)



1200 - 1230 Open Forum

1230 - 1400 GASTRONOMIC REFILL
VISIT THE EXHIBITS
MUSICAL INTERLUDE  The U.P. Concert Chorus

SESSION III

- 1400 - 1430 Listening intently to murmurs for the story they tell
(Valvular diseases common in the aging population)  Ken Villanueva, MD
- 1430 - 1500 Palpitation in the aging heart
(Evaluation and management)  Edwin Wenceslao, MD
- 1500 - 1530 STRESS DOWNLOAD
VISIT THE EXHIBITS

SESSION IV




- 1530 - 1600 Perspectives on treating the elderly hypertensive
(Goals, BP level and selection of antihypertensive drugs)  Alberto Atilano, MD
- 1600 - 1630 Multiple organ failure in the aging population  Norbert Lingling Uy, MD
- 1630 - 1700 OPEN FORUM
VISIT THE EXHIBITS

DAY 2



January 25, 2014
Saturday

- 0800 - 0830 REGISTRATION
VISIT THE EXHIBITS

SESSION V

- 0830 - 0900 Cardiovascular pharmacology of Aging  Eleanor Lopez, MD
- 0900 - 0930 Medical, interventional or surgical, which one?
(Getting re-acquainted with the choices for the elderly coronary patients)  Cesar Recto II, MD
- 0930 - 1000 Not all that glitters is gold
(Managing acute pulmonary edema in the oldies)  Adolfo Bellosillo, MD
- 1000 - 1030 STRESS DOWNLOAD
VISIT THE EXHIBITS

SESSION VI

- 1030 - 1100 Moving those muscles can be fun
(Cardiac rehabilitation for the elderly and the disabled)  Enrique del Fuerte, MD
- 1100 - 1130 Helping the elderly male cardiac patient make it through the night
(Sex and the aging heart)  Efren Vicaldo, MD

1130 - 1200 Riding into the sunset
(Aging and retirement)  Teresa Gustilo-Villasor, PhD












1200 - 1230 OPEN FORUM

1230 - 1400 GASTRONOMIC REFILL
VISIT THE EXHIBITS
MUSICAL INTERLUDE  Lisa Macuja's Ballet Manila

SESSION VII

1400 - 1800 POSTGRADUATE COURSE ON BEDSIDE CARDIOLOGY
"Maximizing Cardiologic Information Through Detailed Cardiovascular Physical Examination"

TOPICS:

1. Introduction to the Course
(The art of physical examination of the cardiovascular system)  Adolfo Bellosillo, MD
 2. Clinical information obtained from examination of the head and neck
to rule in/rule out primary cardiovascular pathology  Enrique del Fuerte, MD
 3. The jugular venous pulsation, examination, cardiovascular implication, limitations  Clavel Makalintal, MD
 4. Carotid pulsation characteristics and what they convey  Sharon Lacson, MD
 5. Relevance of pulmonary findings: primary pulmonary pathology
as they affect the heart or secondary to a primary cardiac problem  Adoracion Nambayan Abad, MD
 6. Inspecting and palpating the precordium – valuable clinical implications
derived from them  Valerie Zarsa – Geron, MD
 7. The heart sounds in relation to the cardiac cycle (S1, S2, S3, S4)
 - a. Conditions affecting the characteristics of S1  Melisa Bernardo, MD
 - b. The production of S2 and the different types of split  Noel Rosas, MD
 - c. Physiological situations affecting the production of S3 and S4  Ma. Teresa Torres, MD
 8. Extracardiac sounds during systole and during diastole
(ejection clicks, opening snaps, pericardial knock)  Milagros Uy, MD
 9. Cardiovascular information derived from listening intently to "MURMURS"
(timing, intensity, location, shape, radiation, and maneuvers)  Adolfo Bellosillo, MD
- 1800 - 1900 OPEN FORUM
VISIT THE EXHIBITS