

PREVENTIVE CARDIOLOGY AND CARDIAC REHABILITATION UNIT
MAKATI MEDICAL CENTER

on the occasion of the
50th ANNIVERSARY of MAKATI MEDICAL CENTER

In cooperation with
FOUNDATION FOR LAY EDUCATION ON HEART DISEASES, INC.
(a World Heart Federation associate national member)

**19th NATIONAL ANNUAL CONVENTION ON
PREVENTIVE CARDIOLOGY FOR PHYSICIANS**

"ACUTE CORONARY SYNDROME"

(issues and concerns in diagnosis and management)

"HOW TO REMAIN YOUNG AT HEART: THE MUSICAL"
(In Pilipino)

February 5, 2019, Tuesday 8:00 am - 5:00 pm
Auditorium, Tower 2 Makati Medical Center

SECRETARIAT

Medical Towers Makati, Unit 11
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Legaspi Village, Makati City
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FREE REGISTRATION

P R O G R A M M E

ACUTE CORONARY SYNDROME

07:30 - 08:00	REGISTRATION	
08:00 - 08:30	INTRODUCTORY REMARKS	Adolfo Bellosillo, MD <i>President, Foundation for Lay Education on Heart Diseases Head, Preventive Cardiology and Cardiac Rehabilitation Unit Makati Medical Center</i>
08:30 - 09:00	Acute Coronary Syndrome - An Overview (definition; etiology and pathogenesis; clinical manifestations; diagnosis; differential diagnosis; medical and surgical management)	Alberto Atilano, MD
09:00 - 09:30	Myocardial Infarction in Non-occlusive Coronary Artery Disease (definition; incidence, etiology, diagnostic clues; management; outcomes and prognosis)	Alejandro Prieto, MD
09:30 - 10:00	Mental-Stressed-Induced Myocardial Infarction (prevalence; characteristics; link between cardiac disease and stress; mental stress testing; management)	Vincent Valencia, MD
10:00 - 10:30	Pitfalls in the Interpretation of ECG changes in Transmural and Nontransmural Acute Myocardial Infarction (the ECG changes and their mechanisms; limitations and caveats)	Noel Rosas, MD
10:30 - 11:00	Perspective on Biomarkers in Acute Coronary Syndrome (definition; criteria for a clinically useful biomarker; biomarkers for acute coronary syndrome; limitation and pitfalls)	Enrique del Fuerte, MD
11:00 - 11:30	Dissecting Aneurysm Presenting as Acute Myocardial Infarction (A case presentation)	Jose Donato Magno, MD
11:30 - 12:30	OPEN FORUM	Adolfo B. Bellosillo, MD <i>Session Chair and Moderator</i>
12:30 - 13:30	GASTRONOMIC INTERLUDE	

"HOW TO REMAIN YOUNG AT HEART: THE MUSICAL "
(In Pilipino)

P R O G R A M M E

February 5, 2019
Tuesday, 1:30 pm - 5:00 pm
Auditorium, Tower 2, Makati Medical Center

I. FLEHD Prayer ("Panalangin Sa Paglilingkud")

II. Pambansang Awit

III. FLEHD Hymn ("Atin Sila Iligtas")

IV. Words of Welcome

Saturnino Javier, MD
Chair: Section of Cardiology: Department of Medicine
Makati Medical Center

V. Introductory Remarks

Adolfo Bellosillo, MD
President, Foundation for Lay Education on
Heart Diseases, Inc.

VI. "HOW TO REMAIN YOUNG AT THEART: THE MUSICAL" (In Pilipino)

Performing Artists:

U.P. Professor Ramon Acoymo, tenor
U.P. Professor Janet Sabas Aracama, mezzo soprano
U.P. College of Music Mr. Jeconiah Retulla, bass baritone
Alberto Atilano, MD
Enrique del Fuerte, MD

Music by: Lyrics by: Jeremiah Calisang
Adolfo Bellosilli, MD

Pilipino Translation by: Ervie Mirano

"Kasaysayan Klinikal" (**Clinical History**)
"Kawalan Ng Pamilya" (**A Family Loss**)
"Atakeng Palihim" (**Silent Heart Attack**)
"Isang Biktima Ng Koronare" (**One Coronary Victim**)
"Pamana Ni J. J." (**J. J.'s Legacy**)
"Ang Dahilan Ng Lahat" (**The Root Cause Of It All**)
"Paanong Atake Sa Puso'y Nahahayag" (**How Heart Attack Manifests**)
"Ito Na Ang Tawag Ay Andyena" (**This Thing Called Angina**)
"Peligro Ng Aterosklerosis" (**Risk Factors For Atherosclerosis**)
"Tingnan Mo Ang Inyong Kapamilya" (**Look Into Your Family Tree**)
"Ang Pagbuo Ng Aterosklerosis" (**The Development of Atherosclerosis**)
"Ang Petus At Ang Aterosklerosis" (**The Fetus and Atherosclerosis**)
"Mga Risk Paktors Na Maaaring Baguhin" (**Modifiable Risk Factors**)

Jeconiah Retulla
Janet Sabas Aracama
Enrique del Fuerte, MD
Ramon Acoymo
Jeconiah Retulla
Aracama, Acoymo
Alberto Atilano, MD
Jeconiah Retulla
Enrique del Fuerte, MD
Ramon Acoymo
Alberto Atilano, MD
Janet Sabas Aracama
E. del Fuerte, MD

"HAW HAW HEE"

Janet Sabas Aracama,
Ramon Acoymo

"Pribadong Buhay Ni. J. J." (Private Life of J. J.)

Alberto Atilano, MD

"Ehersisyo" (Exercise)

Jeconiah Retulla

"Personalidad At Koronare" (Personality and Coronary)

Janet Sabas Aracama

"Haypertensyon: Mamamatay-Tao Na Tahimik"

(Hypertension: The Silent Killer)

Ramon Acoymo

"Kapag Usok Napunta Sa Puso" (Smoke Gets In Your Heart)

Jeconiah Retulla

"Oda Para Sa Katabaan" (Ode To Corpulence)

Alberto Atilano, MD

"Kolesterol: Ang Mabuit, Ang Masama, At Ang Pangit"

(Cholesterol: The Good, The Bad, Ang The Ugly)

Ramon Acoymo

"Huwag Sa Dapit-Liwanag" (Never At Dawn)

Janet Sabas Aracama

"Epilogo I" (Epilogue I)

ALL

"Sa Pagtilaok Ng Tandang" (At The Crow Of The Cock)

Enrique del Fuerte, MD

"Epilogo 2" (Epilogue 2)

ALL

"Nandoon" (Out There)

ALL

"Paalam" (Adieu)

Janet Sabas Aracama

"Aking Mahal" (My Beloved One)

ALL

VII. PUBLIC FORUM

Panelists:

Angelita Aguirre, MD

Mariano Lopez, MD

Ken Villanueva, MD

Joseph Raymund Cuaresma, MD

Juan Armando Diaz, MD

Moderator: Adolfo Bellosillo, MD