

9th REGIONAL ASSEMBLY ON PREVENTIVE CARDIOLOGY

July 8-9, 2011

**Sarabia Manor Hotel
Gen. Luna Street. Iloilo City**

PROGRAMME

Day 1

July 8, 2011, Friday

**0730 – 0800 REGISTRATION
Pharmaceutical Fair**

THE BASICS OF ATHEROSCLEROSIS

0800 – 0830 Atherosclerosis: its genesis, and clinical consequences Ken Villanueva, MD

SESSION I The “Traditional” Risk Factors in Atherosclerosis

0830 – 0900 The Non-modifiable risk factors: age, gender and heredity Benny Barbas, MD

0900 – 0930 The Modifiable risk factors: major and minor Edler Lariosa, MD

0930 – 1000 The Anti-oxidants: their role in atherogenesis Noel Rosas, MD

**1000 – 1030 STRESS DOWNLOAD
VISIT THE EXHIBITS**

SESSION II The Emerging Risk Factors

1030 – 1100 Homocysteinemia: its devastating effects on the endothelium Adolfo Bellosillo, MD

1100 – 1130 Inflammation and C-Reactive Protein Francisco Maleza, MD

1130 – 1200 The fetus and atherosclerosis Adolfo Bellosillo, MD

**1200 – 1230 STRESS DOWNLOAD
VISIT THE EXHIBITS**

1200 – 1230 FREE DISCUSSION ON SESSIONS I AND II

**1230 – 1330 GASTRONOMIC REFILL
VISIT THE EXHIBITS**

1330 – 1500 OPENING CEREMONY

The FLEHD Prayer “A Prayer to Serve”

The Philippine National Anthem

The FLEHD Hymn “Save Them We All Must Go”

The U.P. Concert Chorus

The U.P. Concert Chorus

The U.P. Concert Chorus

Introduction of Dignitaries and Guests

Lucita Jalbuena, MD

Words of Welcome

**Jimmy Jay Bullo, MD
President, FLEHD Iloilo Chapter**

Introduction of the Keynote Speaker

Address of the Keynote Speaker

Introductory Remarks

**Adolfo Bellosillo, MD
President (National), FLEHD**

“HOW TO REMAIN YOUNG AT HEART: the Musical”

Excerpts

Jai Sabas Aracama

The U.P. Concert Chorus

**1500 – 1530 STRESS DOWNLOAD
VISIT THE EXHIBITS**

SESSION III Diagnostic Procedures in Atherosclerosis (A)

1530 – 1600 The ECG: indications and limitations

Ken Villanueva, MD

1600 - 1630 The troponins: rationale for their use and applications

Benny Barbas, MD

1630 – 1700 Echocardiography in atherosclerosis

Francisco Maleza, MD

**1700 – 1730 FREE DISCUSSION FOR SESSION III
VISIT THE EXHIBITS**

Day 2

July 9, 2011, Saturday

**0730 – 0800 REGISTRATION
VISIT THE EXHIBITS**

SESSION IV Diagnostic Procedures in Atherosclerosis (B)

**0800 – 0830 The treadmills exercise test: indications, contraindications
and limitations**

Mariano Lopez, MD

**0830 – 0900 Ambulatory cardiac (Holter) monitor – information obtained
from its use**

Efren Vicaldo, MD

**0900 – 0930 Impedance Cardiography: a “must” procedure prior to
pharmaceutical intervention in hypertension and CHF**

Adolfo Bellosillo , MD

**0930 – 1000 STRESS DOWNLOAD
VISIT THE EXHIBITS**

SESSION V Pharmaceutical Interventions in Atherosclerosis (A)

**1000 – 1030 Cytoprotection to improve oxygenation of ischemic
myocardium**

Alberto Atilano, MD

1030 – 1100 Acute coronary syndrome and antiplatelet therapy

Efren Vicaldo, MD

**1100 – 1130 Hypertriglyceridemia; its link to atherosclerosis and how
best managed**

Mariano Lopez, MD

1130 – 1200 FREE DISCUSSION for Sessions IV and V

**1200 – 1330 GASTRONOMIC REFILL
VISIT THE EXHIBITS**

SESSION VI Pharmaceutical Interventions in Atherosclerosis)B)

1330 – 1400 The role of fibers in dyslipidemia Rene Huinda, MD

1400 – 1430 Omega 3 fatty acids – its effectiveness in control of dyslipidemia Rosan Trani, MD

1430 – 1500 Managing patients with low HDL Rhoda Mae Almenana, MD

**1500 – 1530 STRESS DOWNLOAD
VISIT THE EXHIBITS**

SESSION VII - Special Issues

1530 – 1600 Isolated systolic hypertension Alberto Atilano, MD

1600 – 1630 Beta blockers in chronic congestive heart failure Delia Caracut, MD

1630 – 1700 Hypertension with dyslipidemia Vincent Valencia, MD

1700 – 1750 OPEN DISCUSSION for Session VI and VII

1750 FARE THEE WELL