

**9<sup>th</sup> ANNUAL CONVENTION ON PREVENTIVE CARDIOLOGY**

**January 29 – 31, 2009**

**Carlos P. Romulo Auditorium**

**RCBC Plaza**

**Ayala Avenue, Makati City**

**Day 1**

**January 29, 2009**

**Thursday**

**0730 - 0800 VISIT THE EXHIBITS**

**0800 – 0830 - Introduction to the Courses**

**Adolfo Bellosillo, MD**

**Course I Anatomy and Physiology of the Cardiovascular System**

**0830 - 0900 - The heart as a pump organ and the conduit system**

**Norbert Lingling Uy, MD**

**0900 - 0930 - The electrical conducting system of the pumping organ**

**Freman Cerezo, MD**

**0930 – 1000 - Normal physiology of the CVS as they concern the three  
basic functions of the heart**

**Leandro Bongosia, MD**

**1000 – 1030 - STRESS DOWNLOAD  
VISIT THE EXHIBITS**

**Course II Obtaining data necessary for diagnosis of cardiovascular diseases**

**1030 – 1100 - The Clinical History as the richest source of  
information in regard to cardiovascular diseases**

**Norbert Lingling Uy, MD**

**1100 – 1130 – Clinical information derived from close examination of  
the arterial and venous pulsations**

**Jaime Cayetano, MD**

**1130 – 1200 – The heart sounds and the implications derived from its  
characterization**

**Edwin Tucay, MD**

**1200 – 1230 – OPEN DISCUSSION**

**1230 - 1400 - LUNCH BREAK  
VISIT THE EXHIBITS  
ENTERTAINMENT**

**(Solo Song Competition among FLEHD chapter representatives)**

**Course III Diagnostic Aids in Cardiovascular Diseases (A)**

**1400 – 1430 – The Sphygmomanometer: clinical applications, technique and pitfalls** **Alberto Atilano, MD**

**1430 – 1500 – The electrocardiogram: uses and abuses** **Noel Rosas, MD**

**1500 – 1530 - The Chest x-ray: past and current roles it plays in the diagnosis of cardiovascular abnormalities** **Perfecto Palafox, MD**

**1530 – 1600 - OPEN DISCUSSION**

**1600 – 1630 STRESS DOWNLOAD  
VISIT THE EXHIBITS**

**1630 OPENING CEREMONY  
“HOW TO REMAIN YOUNG AT HEART: *the musical*”**

**Day 2**

**January 30, 2009**

**Friday**

**0730 – 0800 VISIT THE EXHIBITS**

**Course IV Diagnostic Aids Used in Cardiovascular Diseases (B)**

**0800 – 0830 – The myriads of anatomical and physiological information obtained from Echocardiography** **Joel Abanilla, MD**

**0830 – 0900 - Fundamentals of invasive cardiology** **Cesar Recto II, MD**

**0900 – 0930 – Ambulatory blood pressure monitoring – principles and indications** **Mariano Lopez, MD**

**0930 – 1000 - OPEN DISCUSSION**

**1000 – 1030 - STRESS DOWNLOAD  
VISIT THE EXHIBITS**

**Course V Diagnostic Aids in Cardiovascular Diseases (C)**

**1030 - 1100 - The cardiac enzymes in myocardial damage: indications and limitations** **Anthony Gebusion, MD**

**1100 – 1130 - Exercise electrocardiography – the physiological basis for its utilization** **Milagros Uy, MD**

**1130 – 1200 - Impedance cardiography – a “must” tool  
in the management of hypertension and  
heart failure**

**Adolfo Bellosillo, MD**

**1200 - 1230 – OPEN DISCUSSION**

**1230 - 1400 - LUNCH BREAK  
VISIT THE EXHIBITS  
ENTERTAINMENT  
(Dance Competition among FLEHD chapter representatives)**

**COURSE VI Presenting Manifestations of Cardiovascular Diseases (A)**

**1400 - 1430 Chest Pain – evaluation, characterization and  
differential diagnosis**

**Zenaida Uy, MD**

**1430 – 1500 Dyspnea as it relates to myocardial dysfunction  
and pulmonary function**

**Adelito Posas, MD**

**1500 – 1530 Edema: its significance, clinical implications  
in patients with cardiovascular disturbances**

**Arthur Pitargue, MD**

**1530 – 1600 STRESS DOWNLOAD  
VISIT THE EXHIBITS**

**Course VII Presenting Manifestations of Cardiovascular Diseases (B)**

**1600 – 1630 - Cardiac dysrhythmias: evaluation and  
guidelines for intervention**

**Elson Sedilla, MD**

**1630 – 1700 - Cardiogenic Shock – its pathogenesis and  
approach to management**

**Ken Villanueva, MD**

**1700 – 1730 – Sudden cardiac death – definition and patho-  
physiology and prevention**

**Vincent Valencia, MD**

**1730 – 1800 - OPEN DISCUSSION  
VISIT THE EXHIBITS**

**Day 3  
January 31, 2008  
Saturday**

**0730 – 0800 VISIT THE EXHIBITS**

**Course VIII Issues and Concerns on Common Cardiovascular Diseases Encountered in Clinical Practice (A)**

**0800 – 0830 – Proper timing of medication dosing for maximal cardiovascular protection** **Adolfo Bellosillo, MD**

**0830 – 0900 - Hypertension in the elderly: impact, pathophysiology and treatment** **Diana Jean Roxas, MD**

**0900 – 0930 - Urgent, emergent and refractory hypertension** **Efren Vicaldo, MD**

**0930 – 1000 OPEN DISCUSSION**

**0100 – 1030 STRESS DOWNLOAD  
VISIT THE EXHIBITS**

**Course IX Issues and Concerns on Common Cardiovascular Diseases Encountered in Clinical Practice (B)**

**1030 – 1100 – Early detection of atherosclerotic process through arterial pulse wave analysis** **Adolfo Bellosillo, MD**

**1100 – 1130 – Management of dyslipidemia in high risk patient but with impaired liver function** **Edwin Wenceslao, MD**

**1130 – 1200- Not all that glitters is gold; look before you leap (advisory in the management of heart failure)** **Adolfo Bellosillo, MD**

**1200 – 1230 – OPEN DISCUSSION**

**1230 – 1400 – LUNCH BREAK  
VISIT THE EXHIBITS  
ENTERTAINMENT  
(Solo Song and Dance Competitions among medical school representatives)**

**Course X Pharmaceutical Contributions to the Management of CVD (A)**

**1400 – 1430 The Diuretics – physiological basis for its use, issues against its choice and the reasons for its revival** **Simonette Ganzon, MD**

**1430 – 1500 The Beta Blockers - its strongest contraindication for use in patients with myocardial dysfunction has now become its best indication, why?** **Eleanor Lopez, MD**

**1500 – 1530 The Calcium Channel Blocking Agents – any significant differences of one over the other?**

**Francisco Maleza , MD**

**1530 – 1600 OPEN DISCUSSION**

**1600 - 1630 STRESS DOWNLOAD**

**VISIT THE EXHIBITS**

**Course XI Pharmaceutical Contributions to the management of CVD (B)**

**1600 – 1630 The Converting Enzyme Inhibitors and the Angiotensin II Blockers: Indications for individual use and in Combination**

**Vincent Valencia, MD**

**1630 – 1700 The Thrombolytics and the Antithrombotics**

**Saturnino Javier, MD**

**1700 – 1730 OPEN DISCUSSION**