

INTERNATIONAL SYMPOSIUM ON PREVENTIVE CARDIOLOGY

June 26-28, 2008

Carlos P. Romulo Auditorium
RCBC Plaza, Ayala Avenue, Makati City
Philippines

PROGRAMME

DAY I

June 26, 2008

Thursday

**0700 - 0800 REGISTRATION
VISIT THE EXHIBITS**

SYMPOSIUM I

Chair: Jesus Canto, MD (Philippines)

Co-Chair: Elio Venturini, MD (Italy)

**0800 - 0820 Preventive Cardiology: The better way to slash cardiovascular morbidity and mortality.
Frank Yanowitz, MD (U.S.A.)**

**0820 - 0840 The Atherosclerotic Process: An overview
Attila Kardos, MD (United Kingdom)**

**0840 - 0900 The Non-universality of the “western” or “traditional” atherosclerosis risk factors.
Alberto Atilano, MD (Philippines)**

**0900 - 0920 OPEN FORUM
Moderator: Adoracion Nambayan Abad, MD (Philippines)**

SYMPOSIUM II

Chair: Dennis Labro, MD (Philippines)

Co-Chair: Esteban Garcia Porrero, MD (Spain)

**0920 - 0940 Preventive Cardiology Guidelines: As Implemented in Europe
K. Kotseva, MD (United Kingdom)**

**0940 - 1000 A prototype of a Preventive Cardiology Program in a Developing country: The Cuban Model
Eduardo Rivas Estany. MD (Cuba)**

1000 - 1020 Semiology of atherosclerosis and cardiovascular prevention
Ivan Soltero, MD (Venezuela)

1020 - 1040 Student Network: a novel approach to cardiovascular prevention
Mirna Abdrade, MD (Venezuela)

1040 - 1100 OPEN FORUM
Moderator: Leandro Bongosia, MD (Philippines)

**STRESS DOWNLOAD
VISIT THE EXHIBITS**

OEP

SYMPOSIUM III

Chair: Cesar Yap, Jr., MD (Philippines)
Antonio Rui Leal, MD (Portugal)

A Look at the CV Prevention Program in the developed and developing countries.

1100 – 1115 In a North American country – USA
Patti Lounsbury, RN, BSN, MEd

1115 – 1130 In an Eastern European Country – Slovak Republic
Zoltan Mikes, MD

1130 - 1145 In A South American Country - Peru
Pilar Rivera Ortega, MD

1145 - 1200 In a Western European Country – United Kingdom
Attila Kardos, MD

1200 - 1215 In an Asian Country – China
Jing Liu, MD

1215 - 1230 OPEN FORUM
Moderator: Monalisa Cosme, MD (Philippines)

1230 - 1300 STRESS DOWNLOAD (Alimentation)
VISIT THE EXHIBITS

PASCUAL

SYMPOSIUM IV

Chair: Rosemarie Dominguez, MD (Philippines)
Claudio Marabotti (Italy)

1300 - 1320 Low dose acetylsalicylic acid for cardiovascular event prevention
Marie Simonette Ganzon, MD (Philippines)

1320 - 1340 Insulin Resistance and the cardiovascular system.
Alessandro Scalzini, MD (Italy)

**1340 - 1400 Obesity: A global epidemic adversely affecting the cardiovascular system.
Joseph Dillon, MD (USA)**

**1400 - 1420 OPEN FORUM
Moderator: Perfecto Palafox, MD (Philippines)**

SYMPOSIUM V

Chair: Matias Apistar, MD (Philippines)

Co-chair: Flavio Burgarella (Italy)

**1420 - 1440 Cytoprotection of the ischemic myocardium
Efren Vicaldo, MD (Philippines)**

**1440 - 1500 Fibers in lowering cholesterol.
Noel Rosas, MD (Philippines)**

**1500 - 1520 Fish and Fish Oil in Dyslipidemia
Saturnino Javier, MD (Philippines)**

**1520 - 1540 OPEN FORUM
Moderator: Diana Jean Roxas MD (Philippines)**

**STRESS DOWNLOAD
VISIT THE EXHIBITS**

SERVIER

SESSION VI

**Chair: Faith Go, MD (Philippines)
Zoltan Mikes, MD (Slovak Republic)**

**1540 - 1600 Angiogenesis and physical training in the prevention of ischemic heart Disease
Krzysztof Makowiecki, MD (Poland)**

**1600 - 1620 Secondary Prevention in patients with cardiovascular disease and type II diabetes
Hana Rosolova, MD (Czech Republic)**

**1620 - 1640 Is the course of myocardial infarction in diabetics and non-diabetics comparable?
Peter Mikes, MD (Slovakia)**

**1640 - 1700 OPEN FORUM -
Moderator: Ruben Ortega, MD (Philippines)**

1700 OPENING CEREMONY

I PROCESSIONAL

**JOSE SANCHEZ, MD
REGENTE LAPAK, MD
Grand Marshals**

**FLEHD Chapter Presidents
FLEHD Board of Trustees, Executive Committee
And Regional Consultants
Congressman Roman Romulo (FLEHD Legal Counselor)
Flavio Burgarella, MD (Executive Director, HFATW)
Alessandro Scalzini, MD (President, HFATW)
Adolfo Bellosillo, MD (President, FLEHD)
Jose Concepcion, MD (Chairman of the Board, FLEHD)
Hon. Francisco Duque III, MD (Secretary of Health)**

- II Invocation Ken Villanueva, MD**
- III The Philippine National Anthem**
- IV The FLEHD Prayer “A Prayer To Serve”**
- V The FLEHD Hymn “Save Them We All Must Go”**
- VI Introduction of Guests Vincent Valencia, MD**
- VII Words of Welcome Mr. Jose Concepcion
Board Chairman, FLEHD**
- VIII The Heart Friends Around The World Alessandro Scalzini, MD
President, HFATW**
- IX The Foundation for Lay Education on
Heart Diseases, Inc. Adolfo Bellosillo, MD
President, FLEHD**
- X Introduction of the Keynote Speaker Congressman Roman Romulo**
- XI Keynote Address Hon. Francisco Duque III, MD
Secretary of Health**
- XII “Vinta”
“Mantones de Manila” The Philippine Ballet Theater**

XIII RECESSINAL

**Mr. Johnny Litton
Host**

XIV OPENING OF THE EXHIBITS

**Mrs. Marixi Rufino Prieto
Mr. Mars Lambino**

DAY 2

June 27, 2008

Friday

**0700 - 8000 REGISTRATION
VISIT THE EXHIBITS**

SYMPOSIUM VII

Chair: Benbenato Garcia, MD (Philippines)

Co-chair: Patti Lounsbury, RN, BSN, MEd

**0800 - 0820 Cardiac Rehabilitation in the first half century
Adolfo Bellosillo, MD (Philippines)**

**0820 - 0840 Practical Cardiac Rehabilitation program in countries with limited
resources
Lydia Latif, MD (Malaysia)**

**0840 - 0900 Non-supervised cardiac rehabilitation program: How safe is it?,
Elio Venturini, MD (Italy)**

**0900 - 0920 OPEN FORUM
Moderator: Angelita Aguirre, MD (Philippines)**

**STRESS DOWNLOAD
VISIT THE EXHIBITS**

MEDICAL ONE

SYMPOSIUM VIII

Chair: Luz Maapni, MD (Philippines)

Co-chair: Lydia Latif, MD (Malaysia)

**0920 - 0940 Cardiac rehabilitation post acute myocardial infarction
Suet-ting Lau MD (Hong Kong)**

**0940 - 1000 Cardiac rehabilitation post cardiovascular surgery
Alessandro Scalzini, MD (Italy)**

1000 – 1020 Tobacco Smoke as it affects both body and mind
Claudio Marabotti, MD (Italy)

1020 - 1040 OPEN FORUM
Moderator: Zenaida Uy, MD (Philippines)

SYMPOSIUM IX

Chair: Roberto del Rosario, MD (Philippines)

Co-chair: Mirna Andrade, MD (Venezuela)

1040 - 1100 The Metabolic Syndrome and cardiovascular risk
Mariano Lopez, MD (Philippines)

1100 - 1120 The choice of antihypertensives in patients with metabolic syndrome
Joel Abanilla, MD (Philippines)

1120 – 1140 New science for smoking cessation.
Vincent Valencia, MD (Philippines)

1140 - 1200 OPEN FORUM
Moderator: Achilles Esguerra, MD (Philippines)

1200 - 1400 STRESS DOWNLOAD (Alimentation and entertainment) PFIZER
VISIT THE EXHIBITS
ENTERTAINMENT

“TO REMAIN YOUNG AT HEART” Concert

Music by: Jeremiah Calisang

Lyrics by: Adolfo Bellosillo, MD

Dean Ramon Acoymo, tenor

Jai Sabas Aracma, mezzo soprano

Jeremiah Calisang, tenor

Keith Segura, baritone

Songs:

“Out There”

“My Beloved One”

“The Root Cause of It All”

“This Thing Called Angina”

“Look Into Your Family Tree”

“Haw Haw Hee”

“Hypertension: The Silent Killer”

“Smoke Gets In Your Heart”

“Cholesterol: The Good, The Bad and The Ugly”

“Exercise To Your Heart’s Content”

“Stress Download”

**“Personality and Coronary”
“Ode To Corpulence”
“At The Crow of The Cock”
“Never At Dawn”**

**ALBERTO ATILANO, MD
VIRGITH BUENA, RD, RND
Emcees**

SYMPOSIUM X

**Chair: Ponciano Aberin, MD (Philippines)
Co-chair: Hana Rosolova, MD (Czech Republic)**

**1400 - 1420 Enhanced External Counterpulsation in intractable angina and
Congestive heart failure
Patti Lounsbury, RN, MSN (USA)**

**1420 - 1440 Cardiac rehabilitation in patients with cardiac dysrhythmias
Ignacio Sainz, MD (Spain)**

**1440 - 1500 Cost effectiveness of cardiac rehabilitation
Antonio Rui Leal, MD, PhD (Portugal)**

**1500 - 1520 OPEN FORUM
Moderator: Freman Cerezo, MD (Philippines)**

SYMPOSIUM XI

**Chair: Rodel Redor, MD (Philippines)
Co – chair: Krzysztof Mackowiecki, MD (Poland)**

**1520 - 1540 Common problems encountered in a cardiac rehabilitation program
Krzysztof Mazurek, MD (Poland)**

**1540 - 1600 Cardiovascular screening and wellness program among retired
athletes
Dorian Dugmore, PhD (United Kingdom)**

**1600 - 1620 The role of non-governmental organization in the prevention and
control of coronary artery disease
Flavio Burgarella, MD (Italy)**

**1620 - 1640 OPEN FORUM -
Moderator: Zenaida Torres, MD (Philippines)**

**STRESS DOWNLOAD
VISIT THE EXHIBITS**

THERAPHARMA

SYMPOSIUM XII

Chair: Sylvia Banaay Hangos, MD (Philippines)

Co-chair: Ignacio Sainz, MD (Spain)

1640 - 1700 Ambulatory blood pressure monitoring: when does it become essential in the control and management of cardiovascular diseases?

Andrej Dukat, MD (Slovakia)

1700 - 1720 Barriers in the implementation of a cardiac rehabilitation program and possible solutions

Lau Suet-ting, MD (Hong Kong)

1720 - 1740 Phase III of Cardiac Rehabilitation: Importance, rationale and structure

Esteban Garcia Porrero, MD (Spain)

1740 - 1800 OPEN FORUM

Moderator: Milagros Uy, MD (Philippines)

DAY 3

June 28, 2008

Saturday

7000 - 8000 REGISTRATION

VISIT THE EXHIBITS

SYMPOSIUM XIII

Chair: Adelito Posas, MD (Philippines)

Co-chair: Joseph Dillon, MD (USA)

0800 - 0820 Evidence-based medicine: The practicality of it in the actual practice of medicine

Norbert Lingling Uy, MD (Philippines)

0820 - 0840 Some thoughts and lessons learned from the withdrawal of highly promoted cardiovascular pharmaceutical products

Edwin Tucay, MD (Philippines)

0840 - 0900 Oxidative Stress and cardiovascular diseases

Martin Caprnda, MD (Slovak Republic)

0900 - 0920 OPEN FORUM

Moderator: Ophelia Manlapit, MD (Philippines)

SYMPOSIUM XIV

Chair: Ann Du Yabut, MD (Philippines)
Co-chair: Peter Mikes (Slovak Republic)

0920 - 1040 RESEARCH PAPER CONTEST

1020 - 1040 OPEN FORUM -
Moderator: Otilia Garcia, MD (Philippines)

**STRESS DOWNLOAD
VISIT THE EXHIBITS**

CARDIODYNAMICS

SYMPOSIUM XV

Chair: Generaldo Maylem, MD (Philippines)
Co-chair: Attila Kardos, MD (United Kingdom)

1040 - 1100 Better BP control through hemodynamic monitoring.
Adolfo Bellosillo, MD (Philippines)

1100 - 1120 Are we on target with the combination of ACEI and ARB?
Norbert Lingling Uy, MD (Philippines)

**1120 - 1140 Coronary disease management: comparisons between Eastern Europe
and the USA.**
Krzysztof Makowiecki, MD (Poland)

1100 - 1200 OPEN FORUM
Moderator: Jose Sanchez, MD (Philippines)

**1200 -1400 STRESS DOWNLOAD (Alimentation and entertainment) NATRAPHARM
VISIT THE EXHIBITS**

TALENT SHOW

“West Meets East”

Dr. Frank Yanowitz – jazz offerings

Drs. Burgarella, Scalzini, Marabotti, Elio Venturini – sounds of Italy

**Drs. Mirna Andrade. Ivan Soltero, Ignacio Sainz, Pilar Rivera Ortega,
Esteban Garcia Porrero – musica romantica Espanola**

“Sayaw sa Bangko” (a dance) – Laguna Chapter

Dr. Cesar Yap, Jr. (Capiz Chapter)– “Drink To Me” (Les Miserables)

Dr. Ramon Gonzalez (Cagayan Chapter – “Besame Mucho”

Dr. Francisco Maleza (Negros Occ. Chapter – “Arvederci Roma”

“Tinikling” (bamboo pole dance) – Batangas Chapter

SYMPOSIUM XVI

Chair: Ramon Gonzalez, MD (Philippines)

Co-chair: Pilar Rivera Ortega, MD (Peru)

1400 - 1420 Hypertension and dyslipidemia: Increasing the risk of cardiovascular events

Vincent Valencia, MD (Philippines)

1420 - 1440 Beta blocker blockade in the management of early congestive heart failure

Ken Villanueva, MD (Philippines)

1440 - 1500 Anti-thrombotic usage with non-ST segment elevation acute coronary syndrome

Eleanor Lopez, MD (Philippines)

1500 - 1520 OPEN FORUM

Moderator: Gloria Lahoz Rivada, MD (Philippines)

STRESS DOWNLOAD

HERBPHARM

VISIT THE EXHIBITS

SYMPOSIUM XVII

Chair: Gene Barbero, MD (Philippines)

Co-chair: Kornelia Kotseva, MD (United Kingdom)

1520 - 1540 Weight Reduction Clinic: The need for it; its structure, its application and its implementation

Joseph Dillon, MD (USA)

1540 - 1600 The Use of drug-eluting stents: Controversies and recommendations

Cesar Recto II, MD (Philippines)

1600 - 1620 “Maintaining the Miracle” and the Intermountain Health Care

Frank Yanowitz, MD (U.S.A.)

1620 - 1700 OPEN FORUM

Moderator: Francisco Maleza, MD (Philippines)

1900

CLOSING CEREMONY AND FAREWELL BALL

Club Pilipino, Greenhills, San Juan, Metro Manila

I DINNER

II The Philippine National Anthem

The FLEHD Prayer (“A Prayer to Serve”)

The FLEHD Hymn (“Save them We All Must Go”)

- III Introduction of Guests Ophelia Manlapit, MD**
- IV Words of Welcome Mr. Jose Concepcion
Board Chairman, FLEHD**
- V Words of Farewell Adolfo Bellosillo, MD
Founding President, FLEHD**
- VI Response Flavio Burgarella, MD
Executive Director, HFATW**
- VII FLEHD Song of Thanksgiving**
- VIII FLEHD Song of Farewell**
- IX RIGODON DE HONOR hosted by: Mars Lambino
FLEHD Regional Consultant**
- X FAREWELL BALL**

**Elizabeth Naval, MD
Dennis Labro, MD
EMCEES**